



International Education
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English plus Rugby

This programme is designed for students who play rugby and who wish to develop their English language proficiency as well as their rugby skills in Britain. Participants must be at least 17 years of age.

It consists of 15 hours of English language classes a week, three hours each morning from Monday to Friday. The afternoons and evenings will be given over to an extensive structured programme of fitness and training. There will also be free time, and access to social events and excursions to places of cultural and historic interest (the excursions are not included in the cost).

The rugby programme is managed by **Gareth Jones**, senior lecturer in sport who is responsible for teaching of rugby football on degree courses at the College. As a player Gareth played for Cardiff RFC and Devon RFU, and captained the Wales Under 19 team. He has represented the College and Plymouth Albion RFC on a recent visit to rugby institutes at 2 South African universities.

Gareth is a Senior Coaching Badge Holder with the Welsh Rugby Union, and acts as an education consultant with the English Rugby Football Union. He also works with "Premier Rugby" to formulate "Citizenship" proposals.

Learning English

The English language programme is composed of the elements listed in the table below. Normally students will spend 7½ hours on Language and Skills Development, and 1½ hours on each of the other course components. Students will be placed in open-entry classes according to their level of English, so they will be mixing with other students who are not on the rugby programme.

Classes last 90 minutes. There is a mid-morning break of 30 minutes between sessions.

Language and Skills Development	Grammar review, vocabulary development and practice listening, speaking, reading and writing
Pronunciation	Practice activities, including opportunities to record and listen to yourself
Information Technology	Basic skills, where needed, to assist language learning. (E-mail and Internet access are free to all students)
Project/Study Skills	Developing your research and presentation skills
Current Affairs	Discussion of international affairs of interest to students
Cultural Studies	Looking at life in Britain and comparing it with other cultures

This typical timetable shows how students may spend their time:

	Mornings	Afternoons & Evenings
Monday	0900 – 1030 Language and Skills Development 1100 – 1230 Current Affairs	2000 – 2100 Rugby training at Marjon with College team
Tuesday	0900 – 1030 Language and Skills Development 1100 – 1230 Information Technology	1300 – 1400 Specialist fitness training in health suite 1400 – 1600 Leisure activity in sports centre (squash, badminton, swimming etc)
Wednesday	0900 – 1030 Language and Skills Development 1100 – 1230 Project / Study Skills	1400 – 1700 Playing in matches
Thursday	0900 – 1030 Language and Skills Development 1100 – 1230 Cultural Studies	1600 – 1800 Leisure activity in sports centre 1800 – 1900 Rugby training at Marjon with College team
Friday	0900 – 1030 Language and Skills Development 1100 – 1230 Pronunciation	Free afternoon, optional leisure activity in sports centre
Saturday	Free time	Either rugby international match or visit to Plymouth Albion rugby club Or free day for own interests
Sunday	Optional participation in full-day excursions, subject to availability. There is a charge of £10 - £15 for each of these excursions.	

This timetable is indicative of the weekly breakdown of activity. The actual timetable may vary from this, though the 15 hours of English language are assured. The sports programme is subject to change, and may be affected by bad weather. We will do everything possible to arrange suitable alternative activities, but participants will need to understand that some events are beyond our control and may be postponed or cancelled if the weather is bad.

Competitive matches will be played on 3 of the 4 Wednesdays.

The participants will have 3 Saturdays during the four-week programme. The Saturday programme consists of:

- one visit to a National League Division One rugby match
- one visit to our local national rugby league club, Plymouth Albion RFC
- one day free for students to arrange their own programme (e.g. travel/ tourism/ visiting friends)

Membership of the Sports Centre and free access to all facilities within it are included in the course price. An induction to the Fitness Centre is also included and will take place on the first Monday of the course.

Accommodation options are given in the table below. Accommodation is normally provided from the Sunday before the course starts until the Saturday after it ends.

	Campus	Host family
Room	Single study bedroom with washbasin	Single bedroom in family home
Kitchen facilities	Shared	Not applicable
Bath/ shower	Shared	Shared

Course dates:

Tuesday 2 April – Friday 26 April 2002 inclusive

Monday 27 January – Friday 22 February 2003 inclusive

Other dates by mutual arrangement.

Cost of programme: £1200 per person**This includes:**

- 15 hours language tuition per week, including course related visits
- course related materials
- printer credits and paper for 25 pages per student
- Accommodation (on campus or in a host family)
- Subsistence: includes an allowance for all meals
- membership of the College sports centre and induction into the Fitness Centre (cost included in Course registration fee)
- use of all academic facilities, including library, self-access centre, computer suites
- internet and e-mail access
- end of course certificate
- (for students living off campus) bus passes from host family to College

Not included:

- social programme and cultural excursions (these may be available for an extra charge)
- any costs for accompanying staff
- local travel costs not covered by the bus pass
- transfers between a London airport and the College
- travel, health and cancellation insurance. Students are strongly recommended to take out personal insurance, including for their belongings

Transfers

The cost of transfers between the airport of arrival and the College, and the College and the airport of departure, are not given included in the costing. Broadly speaking, the options are as follows:

Return travel to and from London Heathrow/city centre (costs to and from London Gatwick are slightly higher)

- By National Express coach: £30 - £40
- By train: £60 - £90 (but an open return can be much more expensive)
- By College transport: Minibus £820 (seats up to six people with luggage), or Large bus £1250 (seats up to 40 people with luggage)

Tailored courses for groups

We would be pleased to design a course tailored to the particular needs of a group. Please contact us for further details.